



## JOHN H. WINSTON, III, MD

MBA, FACS, FASCRS



### MAIN OFFICE

Las Plazas  
19288A Stone Oak Parkway  
San Antonio, TX 78258

### NORTHEAST OFFICE

8715 Village Drive  
Suite # 116  
San Antonio, TX 78217

### BOTH LOCATIONS

PHONE: (210) 490-2828  
FAX: (210) 490-0505

[www.colorectalsurgeryservices.com](http://www.colorectalsurgeryservices.com)

### OUR PHILOSOPHY & MISSION:

**At Colorectal Surgery Services**, we pride ourselves on a unique patient-centered practice and do everything possible to make visits pleasant for our patients. We strive to maintain the loyalty of patients and referring doctors. **Our mission is to advance the art and science of colon and rectal surgery.**

**JOHN H. WINSTON, III, M.D.** brings extensive experience to the San Antonio region and the Colorectal Surgery Services, PLLC.

Dr. Winston received an engineering degree from the University of Alabama then received his medical degree from the University of Alabama School of Medicine. He completed his residencies in General Surgery and Colorectal Surgery at the Washington Hospital Center in Washington, DC receiving diverse training in all aspects of surgery of the colon, rectum and anus. After completing his training, he held academic positions at the Ohio State University then the University of Texas HSC at San Antonio.

Dr. John Winston's surgical and research interests include defecatory physiology, anorectal ultrasound, benign anal diseases, rectal cancer and minimally invasive surgery. He is board certified in both general surgery and colon and rectal surgery. He has been elected as fellow in both the American College of Surgeons and the American Society of Colon & Rectal Surgery, achieving this very early in his career. This gives him the added skill and experience to take care of the most complex diseases of the colon, rectum and anus.

He was raised in Alabama where his extensive family remains. He married his childhood sweetheart and has a young daughter. He enjoys refurbishing furniture in his spare time.

### DISEASES TREATED & SERVICES OFFERED:

#### Laparoscopic Colon & Rectal Surgery

#### Evaluation & Treatment of Benign Anorectal Conditions –

- Hemorrhoids
- Anal Fistulas
- Fissures
- Anal Warts
- Pilonidal cyst
- Pruritis ani
- Perianal Abscesses
- Hidradentitis

#### In office treatment of simple Hemorrhoids –

- Procedure for Prolapse and Hemorrhoids (PPH™)
- LigaSure™ hemorrhoidectomy
- Doppler-guided hemorrhoid surgery (THD™)

#### Surgical Evaluation & Management of Colorectal Diseases –

- Colon or Rectal Cancer & polyps
- Inflammatory Bowel Disease
- Diverticulitis & Diverticulosis
- Constipation (Surgical)

#### Colonoscopy, Flexible Sigmoidoscopy & Anoscopy

#### Anorectal Physiology & treatment for:

- Anal incontinence
- Pelvic organ prolapse
- Constipation
- Rectocele
- Rectal prolapse
- Intussusception
- Defecatory dysfunction
- Pelvic Nerve Assessment

#### Anorectal Ultrasound for anal or rectal tumors and incontinence